

## JOG DERBYSHIRE CO-LEADER AFFILIATION AGREEMENT

As a Jog Derbyshire co-leader, you play a vital role in supporting your jog leader(s) to provide enjoyable, structured, safe activity sessions for your group. This affiliation agreement outlines what is expected of you in this role and what our commitment is to support you.

If these standards are not adhered to, we reserve the right to remove your co-leader status.

### Jog Derbyshire's commitment to you

Jog Derbyshire will support you when co-leading within the confines of your group and its nominated Jog Leaders' England Athletics Leadership in Running Fitness (LiRF) qualification and its insurance. In simple terms this means when acting as a co-leader in a Jog Derbyshire group, you must be accompanied by a LiRF qualified leader.

Our support may include:

- Ongoing support and guidance from the Jog Derbyshire Team
- Mentoring support from a jog leader
- Continued personal developmental opportunities
- Access to the private jog leader's Facebook page to gain and share knowledge
- Access to the Jog Derbyshire family, brand and reach
- Links with other external groups, i.e. Livewell, MoveMore, Derbyshire Mind, GP Surgeries, etc
- Free marketing materials, i.e. posters, 5k medals and certificates (where funding is available)
- Discounted Jog Derbyshire branded clothing and buffs for your group from Sprint Sports
- Opportunities to attend social and networking events

- Promotional support via press releases, website articles, blog posts and social media
- Annual campaigns for your group to take part in and to attract newcomers

### **Your commitment to Jog Derbyshire**

As a Jog Derbyshire co-leader, you must:

- Support your jog leader/s and group within the confines of your training
- Adhere to the Jog Derbyshire Code of Conduct. See Appendix 1.
- Be fair, honest and considerate towards participants, upholding the ethos and values of Jog Derbyshire
- Actively assist with the promotion of your group using Jog Derbyshire branding

### **Social Media Policy**

Accounts set up by jog groups are not owned by Jog Derbyshire. However, as an affiliated member of Jog Derbyshire please adhere to the following guidelines:

- Groups are encouraged to set up social media pages for the purpose of communication and positive promotion of their individual jog group.
- You must show your affiliation with Jog Derbyshire by including either the Jog Derbyshire logo on your group social media pages or by explaining this in the page description. This must also be followed when promoting official Jog Derbyshire events, campaigns and support.
- Social media accounts with links to Jog Derbyshire must not be used to share or spread inappropriate content, or to take part in any activities including posting messages and status updates that could bring Jog Derbyshire into disrepute.
- We advise you request permission from participants before taking any photos or video footage for the use of social media. Jog Derbyshire will not be liable for any breach of data protection relating to this.

- From time to time, Jog Derbyshire may wish to share photos from group pages on the Jog Derbyshire public pages and in newsletters. We will seek consent from group leaders and or the individual/s pictured to confirm that we have permission to do so.

## Appendix 1

### Jog Derbyshire Code of Conduct

**Rights** – You must respect and champion the rights of every individual to participate in sport and physical activity.

#### **Your responsibilities:**

- Create an environment where everyone has the opportunity to participate.
- Maintain an environment free of fear and harassment.
- Recognise the rights of all participants to be treated as individuals.
- Recognise the rights of participants to seek advice from other leaders and experts.
- Promote the concept of a balanced lifestyle, supporting the well-being of participants in and out of the sport.

#### **Your behaviour:**

- Always treat all individuals with respect.
- Do not discriminate on the grounds of gender, marital status, race, colour, disability, sexual identity, age, occupation, religious beliefs or political opinion.
- Do not allow any form of discrimination to go unchallenged.
- Do not publicly criticise or engage in demeaning descriptions of others.
- Be discreet in any conversations about participants, other leaders or any other individuals.
- Communicate with and provide feedback to participants in a way that reflects respect and care.

**Relationships** – You must develop a relationship with your participants (and others) based on openness, honesty, mutual trust and respect.

**Your responsibilities:**

- Must not engage in behaviour that constitutes any form of abuse (physical, sexual, emotional, neglect, bullying).
- Should promote the welfare and best interests of their participants.
- Must take action and inform the jog leader if you have a concern about the behaviour of an adult towards a child or vulnerable adult.
- Should empower participants to be responsible for their own decisions.
- Should clarify the nature of the coaching services being offered.
- Should communicate and cooperate with other organisations and individuals in the best interests of participants.

**Your behaviour:**

- Be aware of the physical needs of participants (especially at the developmental stage) and needs of children and young people and ensure that training loads and intensities are appropriate.
- Do not engage in any form of sexually related contact or activity with any participant for whom you have responsibility. This extends to sexual innuendo, flirting or inappropriate gestures and terms. Co-leaders are in a position of power and trust in relation to participants. By entering into an intimate/sexual relationship with a participant, a co-leader may be deemed guilty of abusing this position and, in relation to children and young people, this may be unlawful.
- Inform the jog leader immediately if you are at all concerned about the welfare of a child, unless there are concerns that this would not be in the interests of the child.
- Respect participants' opinions when making decisions about their participation in their sport.
- Encourage participants to take responsibility for their own development and actions.

- Allow participants to discuss and participate in the decision-making process.
- Discuss and agree with participants what information is confidential.
- Inform participants or their parents/guardians of the requirements of the sport or activity.
- Be aware of and communicate any conflict of interest as soon as it becomes apparent.

**Personal Standards** – You must demonstrate proper personal behaviour and conduct at all times

**Your responsibilities:**

- Must be fair, honest and considerate to participants and others .
- Should project an image of health and personal hygiene.
- Must always be positive role models for participants.

**Your behaviour:**

- Maintain the same level of interest and support when a participant is sick or injured.
- Display high standards in use of language, manner, punctuality, preparation and presentation.
- Encourage participants to display the same qualities.
- Do not smoke, drink alcohol or use recreational drugs before or while coaching. This gives a negative image and could compromise safety.
- Display control, respect, dignity and professionalism to all involved in your sport or activity.

**Professional Standards** – To maximise the benefits and minimise the risks to participants, you must attain an appropriate level of competence through training, and a commitment to ongoing instruction from leaders to ensure safe and correct practice.

**Your responsibilities:**

- Ensure the environment is as safe as possible, considering and minimising possible risks.
- Promote safe and correct practice.
- Be professional and accept responsibility for your actions.
- Make a commitment to providing a high-quality service to your participants.
- Actively promote the positive benefits to society of participation in sport and activity, including the contribution it makes to achieving improved health and well-being.
- Contribute to the development of leading by exchanging knowledge and ideas with others, and by working in partnership with other leaders and groups.

#### **Your behaviour:**

- Seek continuing personal development (CPD) opportunities to develop your coaching skills and competencies and update your knowledge.
- Work in an open and transparent way that encourages other leaders to contribute to or learn from your knowledge and experience.
- Manage your lifestyle and leading commitments to avoid the burnout that might impair your performance.
- Do not assume responsibility for any role for which you are not qualified or prepared.
- Do not misrepresent your level of training.
- Promote good coaching practice in others and challenge any poor practice you observe.